

APPENDIX – Lactation / Nursing / Wellness Rooms

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Date	Section	Description of Change

PART 1 – GENERAL**1.1 Design Summary**

a. Lactation Rooms

- Lactation Rooms shall comply with AIA Best Practices Lactation Room Design Guidelines (February 2008).
- Lactation Rooms shall comply with all applicable ADA Guidelines.
- The addition of a lactation room shall be reviewed with Human Resources in all new and/or newly acquired UO buildings. Human Resources must be consulted regarding the necessity and feasibility of adding a Lactation Room prior to construction and occupancy. If, with Human Resources approval, a lactation room is not added to a new or newly acquired building, a plan to provide an appropriate lactation space must be created and agreed upon by the department and Human Resources in order to meet future Lactation Room needs.

Human Resources Contact:

Jen Mirable, Sr. HR Programs Coordinator, UO Human Resources

Phone: 541.346.2195

Email: mirable@uoregon.edu**1.2 Spatial Requirements**

- Rooms shall be located in a safe, private, and accessible area to all.
- A minimum 7' x 7' footprint, allowing for a 5' radius circle with 24" deep counters on two walls, including at least one area with clear knee space that is a minimum of 30" wide.

1.3 Other Requirements

a. Access

- The room shall be equipped with a lockable door with pin-access controls. Refer to *Section 08 70 00 – Hardware* for approved products.

b. Acoustics

- Sound dampening materials shall be included to minimize sound transmission.

PART 2 – PRODUCTS**2.1 Finishes****2.1.1 Flooring**

- Resilient flooring material is required. Refer to *Section 09 60 00 – Flooring*.
- Approved materials
 - Linoleum Flooring – tiles or sheet good; Forbo (Marmoleum) preferred.
 - Rubber Flooring – tiles or sheet good; Nora or Mondo preferred.
 - Luxury Vinyl Tile – tiles; minimum 2mm wear layer

2.1.2 Walls

- a. Paint is the preferred wall finish. Refer to *Section 09 90 00 – Painting & Coating*.

2.1.3 Casework

- a. All casework shall have High Pressure Laminate matte finish with matching 3mm PVC edge banding.
- b. Countertop surfaces shall be a Solid Surface material.

2.2 Storage

- a. Contractor furnished (if casework) or Owner furnished (if free-standing/furniture solution)
 - Storage for paper towels and cleaning supplies.
 - A cabinet or shelving unit for storage of personal items.

2.3 MEP Systems**2.3.1 Electrical**

- a. Duplex outlets
 - Near the chair
 - Above the counter (for microwave)
 - Below the counter (for refrigerator)

2.3.2 Plumbing

- a. A sink with a gooseneck faucet to wash bottles and pump components is required; Refer to *Section 22 40 00 – Plumbing Fixtures* for approved products.

2.4 Furniture, Fixtures, and Equipment**2.4.1 Furniture**

- a. Owner furnished
 - One comfortable armchair. Refer to *Section 12 50 00 – Furniture* for seating durability requirements.
 - One side table. A minimum of 20” deep by 30” wide, or a minimum of 24” diameter for a circular table.
 - One personal task light.

2.4.2 Fixtures

- a. Contractor furnished
 - One full-length mirror.
 - Wall-mounted coat hook to hang a bag and/or clothing items.

2.4.3 Equipment

- a. Owner furnished
 - One compact, Energy Star-rated refrigerator.
 - One microwave.
- b. Contractor furnished
 - Paper towel and soap dispensers at sink; refer to the *Toilet Rooms Appendix* for approved products.

END OF SECTION
